

Sandbach Gymnastics Newsletter

ISSUE 4

OCTOBER 2005

Please Support the Gym That Supports Your Child

Competition Success

Voluntary Level 3 Regional Qualification

This competition is the qualification for the National Finals in November of this year. The National Finals will determine the overall age banded champions for 2005. All 12 regions from



the country competed to find the top 4 girls within each region to make up a team for the finals. Amy Taylor was placed in silver medal position overall in the North West team, missing out the first position by 0.092 marks. Amy also took the **gold** on beam, **silver** on floor and **silver** on the bars. Hannah McBride and Carrie Smith just missed out on the finals this year but have upped their rankings in the North West to gain 7th + 8th place overall. This is a good and steady improvement for both Hannah and Carrie. Amy will now compete at the Finals with strong hope on earning her place within the National Squad. *We wish Amy the best of luck!*

North West Tumbling Championships 2005

This event was held at Liverpool on Sunday 16th October. Sandbach entered 11 tumblers in the championships. This was our 2nd tumbling competition which proved to be a very successful competition for our gymnasts. We entered gymnasts in four categories and age bands and won medals in each category.



Charlie Fellows (8yrs) our youngest gymnast won a **gold medal**, Hollie Livesey (10 yrs) also won **gold medal**. Aimee Slater, Amy Taylor and Matthew Broadbent won **silver medals** with Siobhan Holden winning a **bronze medal**.

It was a great day for all of our tumblers especially to all who had there first experience of competition. Sandbach Gymnastics are steadily increasing their overall performance within this gymnastics event.

When you Consider that we do not have a full size tumble track for the gymnasts to train on, it is astonishing that we can take so many medals.

The next tumbling event wont be too long off so keep up the hard work and make sure we bring back even more medals next time. We are looking to join the tumbling league.

sandbachgymnastics.com

Log on to our new web site and check out events, competitions, results, camps and lots of pictures. Thanks for all the continued support

General Events and Activities

DISPLAYS - Over the summer holidays we took part in two displays, Crewe Carnival and Barclays, Radbroke Hall. Both events were a great success and the gymnasts enjoyed themselves especially at the fair afterwards. We raised around £500 in total. Which was a fantastic achievement. This will be put towards more equipment for all the club.

HALLOWEEN PARTY - We are holding a Halloween party on Sunday 30th October. We have organised a disco and games and food. You can purchase tickets from reception priced at £5 each. All members are welcome. All money raised will go to the fundraising account. Remember its fancy dress with a prize for the best dressed. There will be a Christmas party also, we will confirm the dates soon.

INTERNATIONAL COMPETITION Sandbach gymnastics will be travelling to York, Pennsylvania next June for an International competition. There should be many nations competing in a friendly competition. We are hoping to take over a squad group to experience their first taste of International Competition.

GYMNAST OF THE QUARTER - Every quarter we intend to do an update newsletter, keeping you informed of current activities. Each quarter the coaches of the club will discuss how the gymnasts of each group have trained, worked, most improved etc. We will then present the selected gymnasts with a certificate to reward their individual efforts.

RECREATIONAL CLASSES -

Classes are nearly all FULL !!. Please ensure that your course fees are paid on the due dates to reserve your child's place. Only secured places will be reserved.

The new class held on Tues 4-5 pm has been a success and is now full

We now operate a waiting list system for certain classes, unsecured places are offered to new members on the waiting list. Thank You for your co-operation.

Fund Raising and Parent Support

Please contact Tracey Taylor on 01606 831379

If you can help or support the development of the club in anyway.

Thank you for your support

Visit sandbachgymnastics.com

COACHES - Most of the coaching at Sandbach Gymnastics is done on a voluntary basis. We are always looking for parents or brothers/sisters over 15 who are interested in giving an hour a week or more to help within our recreational classes. If anybody is interested then please speak to Tracy. Many thanks for your continued support.

BRITISH GYMNASTICS MEMBERSHIP Sandbach Gymnastics is a BGA registered club and therefore it is a pre-requisite of the governing body that all our members affiliate to them. Please ensure that your BGA membership is up to date. The membership year is October to September. Thank You.

HOLIDAY CAMPS - There will be a half term camp held over the holidays. We can only allocate 30 places so spaces are saved on a first come first serve basis.

AMERICAN EXCHANGE - The American exchange this year was a huge success. They returned home exhausted from a busy week of training and sightseeing. We visited Chatsworth House and Warwick Castle, Rugby Gym club and Lilleshall National Sports Centre. We look forward to seeing them next year.

Fitness Membership - All gymnastics parents have the benefit of discounted membership to the fitness gym. Current annual paid in full memberships are £230 per annum. **Discount Price £185.00**

CONGRATULATIONS TO OUR GYMNAST QUARTERLEY WINNERS!!!

Sat 9 - 10 am	Grace Robinson
Sat 10 - 11 am	Anya George
Sat 11 - 12 am	Hannah Robson
Sat 12 - 1 pm	Emma Dooley
Mon 4 - 6 pm	Aiofa McCann
Mon 5 - 6 pm	Elliot Adams
Tue 4 - 5 pm	Tabatha Copeland
Tue 5 - 6 pm	Mary Corbutt
Thu 5 - 6 pm	Naomi Bostock
Fri 4 - 6 pm	Jessica Blanchard
Fri 6 - 8 pm	Joshua Gill
WA Squad	Carrie Smith
Tumbling Squad	Gabrielle Moseley



Sandbach Gymnastics is now actively searching for larger premises in Sandbach. Who do you know!!, that can help us, land or building, Contact Peter Aldous if you have any ideas.