

Sandbach Gymnastics Newsletter

ISSUE 8

DECEMBER 2008

Competition Success

National Team Tumbling League - October

This competition gave Sandbach Gymnastics its largest medal haul to date. With Tegan Davies and Eloisa Medina Rios making their debut competition. We took bronze in the Springer team, gold and bronze in the juniors and silver in the senior team. We also picked up many individual medals - including Gold for Charlie Fellows and Pagan Brown, silver for Alice Mountford and bronze for Carrie Smith and Kirsty Morrey. The next tumble league will be in December - Good luck to all competitors.



Bill Slater Team Championships—Newcastle Upon Tyne

We took 6 gymnasts to represent Sandbach Gymnastics which included—Pagan Brown, Carrie Smith, Charlie Fellows, Alice Mountford, Sophia Reeves and Sophie Brayne. The competition was our first women's artistic team event. The girls competed extremely well against some of the top clubs in Great Britain and gained an impressive 5th place out of 19 clubs. Well done girls and we look forward to next years event.



National Finals - Guilford - November

Charlie Fellows competed at the Level 2 competition whilst Sophie Brayne had to qualify through the North West Championships in September. Sophie brought home a haul of medal taking silver overall and gold on beam. Both girls competed well at the Nationals. Sophie came 21st overall and gained valuable experience at her first National event. Charlie carried an unfortunate fall but ended her year in 3rd place. For Charlie this means she has secured her placement in the Great Britain National squad and will now work hard ready for the British Championships in June next year and International representation.



Well done to a successful year.



Please Support the Gym That Supports Your Child

General Events and Activities

SPONSORED ROLL - This years sponsored event has proved to be very successful, we have currently collected over £2,000. This money will be put toward a fully sprung floor area. We are currently waiting on a grant application to be processed. Fingers crossed!!!!

FOOTBALL CARDS - We hope the football cards will raise approximately £900 and this money will be put towards the fund for the new floor area. Please hand your completed cards and £10 to reception. The gymnast who sells the most cards will get a free leotard.

NEW EQUIPMENT – We in the process of purchasing a new beam, bars and carpet for the gym. This money has been raised through various activities and has been supported by leotard sales and card sales - a big thank you to Mrs Pickles—Georgia’s mum for her continued support

GYMNAST OF THE QUARTER - Every quarter we intend to do an update newsletter, keeping you informed of current activities. Each quarter the coaches of the club will discuss how the gymnasts of each group have trained, worked, most improved etc. We will then present the selected gymnasts with a certificate to reward their individual efforts.

Sat 9 - 10 am	Jasmine Prout
Sat 10 - 11 am	Katie Frobisher
Sat 11 - 12 am	Sophia Garvey
Sat 12 - 1 pm	Megan Rolfe
Mon 4 - 5 pm	Alexia McPherson
Mon 5 - 6 pm	Oscar Smith
Tue 4 - 5 pm	Ben Basten
Tue 5 - 6 pm	Beth Lucas
Tue 6.30 - 8.30 pm	Ellie Hanrhan
Thu 4 - 5 pm	Harleigh Cornwell
Thurs 5 - 6 pm	Amy Jenkins
Thu 6.30 - 8.30 pm	Keren Edge
Fri 4 - 6 pm	Lucy Preston
Fri 6 - 8 pm	Emily Brayne
WA Squad	Charlie Fellows
WA Squad Junior	Liberty Hughes
Tumbling Squad	Joe Readman
Sat 1 - 3 pm	Helena Berry
Sat 3 - 5 pm	Sam Clark

Fund Raising and Parent Support

Please contact Tracy Cooper on 01270 767491

If you can help or support the development of the club in anyway.

Club Welfare Officer

Rob Whiting has taken on this voluntary position and is registered with BGA

Thank you Rob

sandbachgymnastics.com

CONGRATULATIONS TO OUR GYMNAST QUARTERLEY WINNERS!!!



Charlie Fellows
Home Counties Squad

COACHING ASSISTANTS - We are currently seeking full / part time and voluntary staff. We have recently been given a grant towards the cost of a full time member of staff to work alongside the recreational classes and local schools. Please keep your ear to the ground incase you may know someone. If you are interested in gaining a qualification, please speak to Tracy. We currently have 8 voluntary coaches aged between 14 - 50+.

BRITISH GYMNASTICS MEMBERSHIP Sandbach Gymnastics is a BGA registered club and therefore it is a pre-requisite of the governing body that all our members affiliate to them. Please ensure that your BGA membership is up to date. The membership year is October to September. Thank You.

FUN GYM - Due to a very busy couple of months there has not been a fun gym. This class will recommence in January. Keep a look out for the tickets. The class is a free play session on the 1st Sunday of each month from 4.00 - 6.00 pm.

PARTIES – Birthday parties are now available on Sundays. These are proving to be very popular. We do advise that you try to book as far in advance as possible. The party includes 1 hour coached fun gymnastics and 1 hour for your food and party games. Please speak to reception for more details.

RECREATIONAL CLASSES -

Please ensure you fees are paid to secure your child’s place. We do operate a waiting list of 100 children, so class places will be given away if fees are unpaid.
Thank You for your co-operation.

Fitness Membership - All gymnastics parents the have benefit of discounted membership to the fitness gym. Current annual paid in full memberships are £250 per annum. **Discount Price £190.00**

CHRISTMAS ACTIVITIES - Don’t forget that over the Christmas period we have our Club Christmas party on Sunday 21st December and we have activity camps on throughout for recreational and intermediate gymnasts. If you would like to book your child into any of these please ask at reception.

MERRY CHRISTMAS TO ALL OUR MEMBERS