

Sandbach Gymnastics Newsletter

JULY 2013

Please Support the Gym That Supports Your Child

Competition Success

North West compulsories, club grades & National Finals

Sandbach Gymnastics entered 4 girls into the level 3 - age 10 years category. Olivia Davies, Robyn Kilbourne, Ami Evans passed their grades successfully with Robyn being crowned the North West Champion. Robyn and Olivia were also selected to represent the North West region at this years National Finals in Birmingham in May. All girls performed well with only a few errors for the North to be ranked 4th overall and Olivia gained a top 10 placement in Great Britain. The girls will now be focussing the efforts for the next regional championships in September.



Lowri Huxley won her club grade for Cheshire & Merseyside and went on to compete at the north West Finals where she competed her routines beautifully, a

huge well done to Lowri; Stephanie narrowly missed out on being part of the team and was a reserve for the team. Jaycee, Alisha, India and Ami all passed their grades easily and will move forwards to the next grade next year. We wish all the girls the best of luck in their up and coming competitions in 2013.



Scarlet, Stephanie, Jasmine, Freya, Neve, Grace, Lily, Amelia, Lily, Elizabeth, Scarlett and Charlotte proudly show their medals after the Floor and Vault competition held in April at Liverpool. Congratulations to the girls and their coaches Danni and Julia

General Events and Activities

SPONSORED CARTWHEEL - This year has been the most successful sponsored event Sandbach Gymnastics has ever held. The current total has reached £3750. This is a fantastic amount raised and as a club we would like to say a big **THANK YOU** to the gymnasts, parents, family and friends for all of their support.

PRIVATE LESSONS - Is there a skill you really want to learn but need more assistance or time in the gym? We are now pleased to offer private tuition classes. The class can be booked for 1 hour on a 1 to 1 basis. The cost is £30.00. If you feel your child may benefit from this please email reception for booking information

GYMNAST OF THE QUARTER - Every quarter we intend to do an update newsletter, keeping you informed of current activities. Each quarter the coaches of the club will discuss how the gymnasts of each group have trained, worked, most improved etc. We will then present the selected gymnasts with a certificate to reward their individual

SUMMER ACTIVITIES - There are lots of activities available to keep your gymnasts busy in the holidays we are offering Fun Camps, Tumbling Camps and Fun Gym sessions. To book places please ask at reception or email the centre

Fund Raising and Parent Support

Please contact Tracy Cooper on

01270 767491

If you can help or support the development of the club in anyway.

Thank you for your support

Visit sandbachgymnastics.com

TODDLERS - The toddler time classes run on Tuesday mornings from 9.30 - 10.30 am. You supervise your own child and enjoy the fun time with your child in the gymnastics hall. The class costs £1 per head and is available to any children under 5 years only. There is no need to book.

BRITISH GYMNASTICS MEMBERSHIP Sandbach Gymnastics is a BGA registered club and therefore it is a pre-requisite of the governing body that all our members affiliate to them. Please ensure that your BGA membership is up to date. The membership year is October to September. Thank You.

Pre-School - These classes are available Friday mornings and Monday and Wednesday afternoons. The classes are very popular and we do currently hold a waiting list for the September intake. If you would like a place for your child please ensure your name is down. The classes are 45 minutes long and are run by 2 qualified coaches.

Sat 9 - 10 am	Maddie Wrench
Sat 10 - 11 am	Matthew Rigby
Sat 11 - 12 am	Jake Lewis
Sat 12 - 1 pm	Eleanor Purton
Sat 1 - 3pm	Lucy Bates
Sat 3 - 5pm	Sam Worthington
Mon 4 - 5 pm	Toby Horill
Mon 5-6 pm	Ashleigh Raybould
Tue 4 - 5 pm	Ruby Smyth
Tue 5 - 6 pm	Jessica Smith
Tue 6.00 - 8.00 pm	Lucy Morgan
Wed 4 - 6pm	Anya Burnand
Wed 6 - 8pm	Louis March
Thu 4 - 5 pm	Emilie Goode
Thu 5 - 6 pm	William Banks
Thu 6.00 - 8.00pm	Samantha Hough
Fri 4 - 6	Amber King
WA Squad Development	Charlotte Bailey
WA Squad	Jaycee Howard

CONGRATULATIONS TO OUR GYMNAST QUARTERLEY WINNERS!!!

The winner of each class is picked by all coaches for

- **Hard work**
- **Most Improved**
- **Ability to listen**
- **Team worker**
- **Great Attitude**

Each winner will receive a special certificate during their class.

RECREATIONAL CLASSES -

All classes are FULL !!. Please ensure that your course fees are paid on the due dates to reserve your child's place. There have been a couple of occasions where fees have not been paid and we have no choice but to allocate the place to somebody else.

We now operate a waiting list system for all classes, this has 100 children on it. Unsecured places are offered to new members on the waiting list.

Thank You for your co-operation.