



Be Safe

Gymnastics should be fun!

You should feel safe and enjoy your sport

- Trust your instincts about the people you meet
- Never allow anyone to do things to you that make you feel uncomfortable
- Carry a mobile phone, card or some change

If you have any concerns, contact your Club Welfare Office

Club Name	SANDBACH GYMNASTICS FOUNDATION
Club Welfare Officer	JULIA BETTELEY – CWOSandbach@gmail.com
Club Welfare Officer	DANNI CWIKLINSKI – CWOSandbach@live.co.uk
Club Telephone Number	01270 767491

