



# General Gymnastics

## General Gymnastics - Recreational

Classes operate on weekday evenings and Saturday mornings for school age boys and girls. The classes are taught by qualified coaches with the emphasis placed on learning basic gymnastics in an enjoyable arena.

Classes available to school age boys and girls.



One of the youngsters having a good time

**Contact:**

**Email:** office.gymnastics@yahoo.co.uk

**Website:** sandbachgymnastics@yahoo.com

**Phone:** 01270 767491

Monday	4pm	1 Hour	Mixed 4 - 7yrs
	5pm	1 Hour	Mixed 7 - 13yrs
Tuesday	4pm	1 Hour	Mixed 4 - 7yrs
	5pm	1 Hour	Mixed 7 - 13yrs
Thursday	4pm	1 Hour	Mixed 4 - 7yrs
	5pm	1 Hour	Mixed 7 - 13yrs
Saturday	9am	1 Hour	Mixed 4 - 6yrs
	10am	1 Hour	Mixed 6 - 8yrs
	11am	1 Hour	Mixed 8 - 11yrs
	12pm	1 Hour	Mixed 11yrs +

**Special points of interest:**

- Taster Session Available
- Qualified Staff and CRB Checked
- Club Membership which includes Gymnast Insurance is Required

## Prices + Information

Courses run for 10 weeks

Taster visit costs £8

Part Course Payment costs £7.50 per class (to be paid in one block)

Recurring 10 week course costs £70.00 per course.

To secure a place for your child the outstanding course fee is to be paid prior to the second visit.

Your child's place is only secure when the appropriate fees have been paid.

**Please note:** Club Membership is required which includes **Gymnast Insurance** (Confirm with Reception)