



General Classes...

Updated | March 2026

Classes run on weekday evenings and Saturday mornings for school age boys and girls. These classes are taught by qualified coaches with the emphasis placed on learning basic gymnastics in an enjoyable arena.

Classes available to school age boys and girls

Class Times	Monday	Tuesday	Thursday	Saturday	Age
4 - 5pm	✓	✓	✓		4 - 7yrs
5-6pm	✓	✓	✓		8 - 11+yrs
10 - 11am				✓	4 - 6yrs
11 - 12pm				✓	7 - 10yrs
12 - 1pm				✓	11+ yrs

Special Points of Interest

- Taster Session Available
- Qualified Staff
- DBS Approved and Checked
- Club Membership required. which includes Gymnastics Participation Insurance

Prices + Information

- Courses are 10 week in duration
- Taster visit cost £8.00
- Part course payment costs £8.00 per class, (to be paid in one block)
- Recurring 10 week courses cost £80 per course
- To secure a place for your child the outstanding course fee should be paid in advance
- Your child's place is only secure when the appropriate fees have been paid
- Please note: Club Membership is required which includes Gymnast Insurance (Confirm with Reception)